Cont

--17. (new) The method according to claim 16, in which the combination is contained in a composition for complete nutrition comprising carbohydrates, fats and proteins.

--18. (new) The method according to claim 17, in which the composition is a composition for complete nutrition of infants.

--19. (new) The method according to claim 17, in which the composition is a composition for complete nutrition of diseased or elderly persons.

--20. (new) The method according to claim 17, in which the composition contains more than 44  $\mu g$  of folic acid and more than 0.8  $\mu g$  of vitamin B12 and more than 50  $\mu g$  of vitamin B6 per 100 kcal.

--21. (new) The method according to claim 17, in which the composition further contains at least 0.55 mg of niacin and/or at least 0.08 mg of riboflavin and/or at least 55  $\mu$ g of thiamine per 100 kcal.

--22. (new) The method according to claim 17, in which the composition further contains more than 50 mg of choline or betaine or the sum thereof, and/or at least 5 mg of taurine, and/or at least 50 mg of methionine per 100 kcal.

--23. (new) The method according to claim 17, in which the composition further contains 0.05-8 g of

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Out al tryptophan and/or 30-3000 mg of melatonin and/or 50-1000 mg of adenosine per 100 kcal.

--24. (new) The method according to claim 17, in which the composition further contains 5-400 mg magnesium and/or 0.7-100 mg zinc per 100 kcal, the weight ratio of magnesium plus zinc to calcium being higher than 0.08.

which the composition contains 9-15 g of carbohydrates per 100 kca.

- --26. (new) The method according to claim 16, in which the combination is contained in a supplement for diseased or elderly persons.
- which the supplement contains, in a daily dosage unit, at least 200  $\mu g$  folic acid, at least 1.9  $\mu g$  vitamin B12 and at least 0.3 mg vitamin B6.
- --28. (new) The method according to claim 27, in which supplement further contains per daily dosage unit, at least 0.5 mg riboflavin and/or at least 1.0 mg thiamine and/or at least 2 mg niacin and/or at least 0.3 g tryptophan, at least 0.5g melatonin, at least 50 mg adenosin, at least 50 mg choline and/or betaine and/or at least 100 mg methionine and/or at least 0.03 mg vitamin K and at least 5g of digestible carbohydrates.

--29. (new) A pharmaceutical composition suitable for the treatment or prevention of serotonin- or

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melatonin-mediated disorders, such as improving senses of well-being, control of feeling of pain and improvement of mood and sleeping behaviour, the composition containing more than 44  $\mu$ g of folic adid, more than 0.8  $\mu$ g of vitamin B12 and more than 50  $\mu$ g  $\phi$ f vitamin B6 per 100 kcal, and further containing at least/one of riboflavin, thiamine, niacin and zinc.

The method of claim 16, comprising (new) --30. administering an amount of at least 200  $\mu$ g of folic acid, at least 2  $\mu$ g of vfitamin B12 and at least 2 mg of vitamin B6 per daily dosage, together with at least one of riboflavin, thiamine, niacin and zinc. --

Respectfully submitted,

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